

AB	Aberdeen	Mon, Tues (Collect Friday)	HA	Harrow	Daily	RG	Reading	Daily
AL	St Albans	Daily	HD	Huddersfield	Daily	RH	Redhill	Mon, Tues, Thurs
B	Birmingham	Daily	HG	Harrogate	Mon, Wed, Fri	RM	Romford	Mon, Tues, Thurs
BA	Bath	Tues, Thurs	HP	Hemel H	Daily	S	Sheffield	Daily
BB	Blackburn	Daily	HR	Hereford	Tues, Thurs	SA	Swansea	Tues, Thurs
BD	Bradford	Daily	HU	Hull	Mon, Wed, Fri	SE	S E London	Mon, Tues, Thurs
BH	Bournemouth	Tues, Wed, Thurs	HX	Halifax	Daily	SG	Stevenage	Daily
BL	Bolton	Daily	IG	Ilford	Mon, Tues, Thurs	SK	Stockport	Daily
BN	Brighton	Mon, Wed	IP	Ipswich	Mon, Thurs	SL	Slough	Daily
BR	Bromley	Mon, Tues, Thurs	IV	Inverness	Mon, Tues (Collect Friday)	SM	Sutton	Mon, Tues, Thurs
BS	Bristol	Tues, Thurs	KA	Kilmarnock	Mon, Tues (Collect Friday)	SN	Swindon	Daily
CA	Carlisle	Mon, Tues, Thurs	KT	Kingston	Daily	SO	Southampton	Tues, Wed, Thurs
CB	Cambridge	Mon, Tues, Thurs	KY	Kirkcaldy	Mon, Tues (Collect Friday)	SP	Salisbury	Tues, Wed, Thurs
CF	Cardiff	Tues, Thurs	L	Liverpool	Daily	SR	Sunderland	Mon, Tues, Thurs
CH	Chester	Daily	LA	Lancaster	Mon, Thurs	SS	Southend	Mon, Tues, Thurs
CM	Chelmsford	Mon, Tues, Thurs	LD	Llandridod Wells	Tues, Thurs	ST	Stoke on Trent	Daily
CO	Colchester	Mon, Tues, Thurs	LE	Leicester	Daily	SW	S W London	Daily
CR	Croydon	Mon, Tues, Thurs	LL	Llandudno	Mon, Wed, Fri	SY1-9	Shrewsbury	Mon, Wed, Fri
CT	Canterbury	Mon, Thurs	LN	Lincoln	Mon, Wed, Fri	SY10-25	Mid Wales	Tues, Thurs
CV	Coventry	Daily	LS	Leeds	Daily	TA	Taunton	Tues, Thurs
CW	Crewe	Daily	LU	Luton	Daily	TD	Galasheils	Mon, Tues (Collect Friday)
DA	Dartford	Mon, Tues, Thurs	M	Manchester	Daily	TF	Telford	Daily
DD	Dundee	Mon, Tues (Collect Friday)	ME	Medway	Mon, Tues, Thurs	TN	Tunbridge	Mon, Thurs
DE	Derby	Daily	MK	Milton Keynes	Daily	TQ	Torquay	Tues, Thurs
DG	Dumfries	Mon, Tues (Collect Friday)	ML	Motherwell	Mon, Tues (Collect Friday)	TR	Truro	Tues, Thurs
DH	Durham	Mon, Tues, Thurs	N	North London	Daily	TS	Cleveland	Mon, Tues, Thurs
DL	Darlington	Mon, Tues, Thurs	NE	Newcastle	Mon, Tues, Thurs	TW	Twickenham	Daily
DN	Doncaster	Daily	NG	Nottingham	Daily	UB	Uxbridge	Daily
DT	Dorchester	Tues, Wed, Thurs	NN	Northampton	Daily	W	West London	Daily
DY	Dudley	Daily	NP	Newport	Tues, Thurs	WA	Warrington	Daily
E	East London	Mon, Tues, Thurs	NR	Norwich	Mon, Thurs	WC	W C London	Daily
EC	E C London	Daily	NW	N W London	Daily	WD	Watford	Daily
EH	Edinburgh	Mon, Tues (Collect Friday)	OL	Oldham	Daily	WF	Wakefield	Daily
EN	Enfield	Daily	OX	Oxford	Daily	WN	Wigan	Daily
EX	Exeter	Tues, Thurs	PA	Paisley	Mon, Tues (Collect Friday)	WR	Worcester	Daily
FK	Falkirk	Mon, Tues (Collect Friday)	PE	Peterborough	Daily	WS	Walsall	Daily
FY	Blackpool	Mon, Thurs	PH	Perth	Mon, Tues (Collect Friday)	WV	Wolverhampton	Daily
G	Glasgow	Mon, Tues (Collect Friday)	PL	Plymouth	Tues, Thurs	YO	York	Mon,Wed, Fri
GL	Gloucester	Tues, Thurs	PO	Portsmouth	Tues, Wed, Thurs			
GU	Guildford	Mon, Wed, Fri	PR	Preston	Daily			